

Gastrointestinal Health

A healthy gastrointestinal system is key for overall health. Its primary role in nutrient digestion and absorption is essential for fueling the body. It is also critical for immune function, as it is estimated that three quarters of the body's immune cells are found there. In addition, the GI tract is home to more than 400 species of microflora that maintain optimal immune defense and gut function. The gut also acts as a barrier, minimizing the amount of ingested toxins and allergens that pass into the bloodstream. Last but not least, for individuals experiencing occasional heartburn, indigestion or constipation, GI function can significantly impact quality of life.

Our products are designed to support

- Digestion*
- GI Comfort*
- GI Integrity*
- Detoxification*
- Microflora Balance*
- GI Motility*





➤ Digestive Enzymes Ultra NEW

**Our most comprehensive blend of vegetarian digestive enzymes; support for protein, carbohydrate, fat, fiber and dairy digestion*

- A high-strength enzyme complex to encourage optimal digestion, enhance nutrient bioavailability, and relieve occasional bloating and gas*
- Provides a variety of proteases with optimal activity across a wide pH range*
- Includes lipase for fat breakdown along with amylase and glucoamylase to stimulate polysaccharide breakdown of starch and glycogen*
- Promotes breakdown of complex carbohydrates found in legumes, vegetables and grains with alpha-galactosidase*
- Offers invertase and lactase to digest disaccharides, including the dairy sugar lactose*
- Contains numerous enzymes to support fiber breakdown, including cellulase, hemicellulase, beta-glucanase and phytase*

n•zimes™ is a trademark of National Enzyme Company.

two vegetable capsules contain		
n•zimes™ (proprietary blend)	391 mg.	
providing:		
protease 800	60,000 HUT	
protease 6.0	20,000 HUT	
protease 3.0	20 SAPU	
lipase	3,000 FIP	
amylase	24,000 DU	
glucoamylase	30 AGU	
lactase	1,600 ALU	
invertase	900 SU	
cellulase	800 CU	
hemicellulase	200 HCU	
beta-glucanase	20 BGU	
phytase	10 FTU	
alpha-galactosidase	120 GalU	
vitamin C (as ascorbyl palmitate)	10 mg.	
<small>(hypo-allergenic plant fiber added to complete capsule volume requirement)</small>		
1-2 capsules with each meal.		
	quantity	order code
Digestive Enzymes Ultra	180	DEU1
	90	DEU9



➤ Digestion GB NEW

**Digestive enzyme formula with extra support for gall bladder function and fat digestion*

- Milk thistle, curcumin and taurine promote liver and gallbladder health and stimulate production and secretion of bile acids*
- Bile acids, provided in the form of ox bile salts, support the emulsification of fats necessary for digestion*
- Digestive enzymes included in this formula are active in a broad pH range to support overall carbohydrate and protein digestion and provide enhanced lipase activity for fat utilization*

n•zimes™ is a trademark of National Enzyme Company.

two vegetable capsules contain		
n•zimes™ (proprietary blend)	160 mg	
providing:		
lipase	6,000 FIP	
protease	16,000 HUT	
amylase	600 DU	
ox bile extract (bovine)	225 mg	
<small>(standardized to contain 45-65% total cholic acids)</small>		
taurine (free-form)	250 mg	
milk thistle (Silybum marianum) extract (fruit)	150 mg	
<small>(standardized to contain 80% silymarin)</small>		
turmeric (Curcuma longa) extract (root)	100 mg	
<small>(standardized to contain 97% curcuminoids)</small>		
vitamin C (as ascorbyl palmitate)	20 mg	
<small>(hypo-allergenic plant fiber added to complete capsule volume requirement)</small>		
1-2 capsules with each meal.		
	quantity	order code
Digestion GB	180	DGB1
	90	DGB9

ALSO AVAILABLE

A.I. Enzymes

standard vegetarian enzyme formula

Pancreatic Enzyme Formula

pure pancreatin (porcine) formula

Pancreatic VegEnzymes

vegetarian pancreatic enzyme formula

Pancreatic VegEnzymes L

vegetarian pancreatic enzyme formula with enhanced lipase



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

➤ Heartburn Essentials NEW

**Helps decrease occurrences of occasional heartburn and indigestion*

- Maintains healthy gastric secretion with gamma-oryzanol and turmeric*
- DGL, marshmallow and slippery elm provide traditional support for soothing the gastrointestinal tract and promoting the integrity of the mucosal lining*
- Artichoke stimulates the digestive process, promoting healthy bile flow and GI motility to help relieve occurrences of occasional heartburn*
- Plant enzymes promote digestive function for overall comfort and relief of occasional gas, bloating and heartburn*

n•zimes™ is a trademark of National Enzyme Company.

two vegetable capsules contain 		
gamma oryzanol (rice bran).....	250 mg.	
deglycyrrhizinated licorice extract (root).....	200 mg.	
marshmallow root (althaea officinalis) extract (8:1).....	200 mg.	
slippery elm (ulmus fulva) extract (root).....	200 mg.	
artichoke (Cynara scolymus L.) extract (leaf).....	150 mg.	
(standardized to contain 5% cynarin and 3% caffeoylquinic acids)		
turmeric (Curcuma longa) extract (root).....	100 mg.	
(standardized to contain 97% curcuminoids)		
n•zimes™ (proprietary blend).....	122 mg.	
providing:		
amylase.....	12,000 DU	
lipase.....	162.5 FIP	
cellulase.....	45 CU	
vitamin C (as ascorbyl palmitate).....	20 mg.	
1-2 capsules at the start of each meal. Take as needed between meals.		
	quantity	order code
Heartburn Essentials	180	HB1
	90	HB9

➤ DGL Plus®

**Herbal support for soothing the gastrointestinal tract*

- Synergistic support for comforting and soothing the stomach and gastrointestinal tract*
- Supports the stomach's protective lining by encouraging healthy mucous production*

each vegetable capsule contains 		
deglycyrrhizinated licorice.....	300 mg.	
Musa paradisiaca (unripe plantain banana).....	150 mg.	
Ulmus fulva (slippery elm).....	100 mg.	
Althaea officinalis (marshmallow root) extract (8:1).....	200 mg.	
vitamin C (as ascorbyl palmitate).....	15 mg.	
6-8 capsules per day, in divided doses, before meals.		
	quantity	order code
DGL Plus®	180	DG1
	60	DG6

➤ G.I. Comfort

- For children ages 4 and up
- Contains ingredients that have been recognized historically for their soothing properties*
- Deglycyrrhizinated licorice (DGL) maintains intestinal comfort by enhancing the protective mucosal lining*
- Marshmallow root, lemon balm and chamomile contain various constituents with GI calming potential and may also promote healthy motility of the digestive system*
- L-Glutamine supports the integrity of the GI tract for healthy nutrient absorption; also minimizes the amount of undigested food or environmental toxins that pass through the intestinal barrier*

each scoop (0.9 g) provides		
deglycyrrhizinated licorice extract (root).....		400 mg.
Althaea officinalis (marshmallow root) extract (8:1).....		200 mg.
Melissa officinalis (lemon balm) extract (leaf).....		100 mg.
(standardized to contain 5% rosmarinic acid)		
L-glutamine (free-form).....		100 mg.
Matricaria recutita (chamomile) extract (flower).....		100 mg.
(standardized to contain 1.2% apigenin)		
Ages 4 to 11, take 1/2 to 1 scoop per day.		
Ages 12 and up, take 1-3 scoops per day, in divided doses.		
Mix with applesauce or yogurt.		
	quantity	order code
G.I. Comfort	81 g.	GIC8

➤ Boswellia AKBA

**Powerful support for healthy immune mediator function in the GI tract*

- 5-LOXIN® is a patent pending boswellia extract providing ten times as much 3-acetyl-11-keto-beta-boswellic acid, or AKBA, as typical boswellia extracts*
 - Maintains healthy immune activity in the endothelial lining of the digestive tract*
- † **5-LOXIN** AKBA boswellia serrata extract. 5-LOXIN® is a registered trademark of PL Thomas & Co., Inc. International patents pending.

each vegetable capsule contains 		
boswellia serrata extract (gum resin)†.....	100 mg.	
(standardized to contain 30% 3-acetyl-11-keto-beta-boswellic acid (AKBA)).....	30 mg.	
vitamin C (as ascorbyl palmitate).....	10 mg.	
(hypo-allergenic plant fiber added to complete capsule volume requirement)		
1 capsule per day, with a meal.		
	quantity	order code
Boswellia AKBA	120	BWA1
	60	BWA6

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TO ORDER CALL: 800-753-2277 | Secure online ordering and information at www.PureCaps.com



> G.I. Integrity NEW

**Enhanced support for gastrointestinal integrity and function*

- L-Glutamine maintains the protective mucosal lining of the gut and promotes healthy everyday tissue repair to limit the amount of toxins that pass through the intestinal barrier*
- It also serves as the principal metabolic fuel for the enterocytes and immune cells in the small intestines, supporting healthy villous function to ensure proper nutrient utilization*
- N-acetyl-d-glucosamine is incorporated into glycosaminoglycans and glycoproteins that comprise the gut's mucosal surface, maintaining healthy intestinal tissue*
- Gamma oryzanol provides beneficial support for gastric health and comfort*
- Aloe maintains healthy prostaglandin metabolism and immune mediator activity in the gut; it also promotes defense against reactive oxygen metabolites*

four vegetable capsules contain		
l-glutamine (free-form).....		2,000 mg.
n-acetyl-d-glucosamine (crab, shrimp).....		1,000 mg.
gamma oryzanol (rice bran).....		300 mg.
aloe vera (aloe barbadensis) extract (inner fillet) (200:1).....		100 mg. (standardized to contain 10% polysaccharides)
vitamin C (as ascorbyl palmitate).....		20 mg.
4 capsules daily, in divided doses, with or between meals.		
	quantity	order code
G.I. Integrity	240	GII2
	120	GII1

> L-Glutamine

**Enhances the natural repair processes in the gut while supporting integrity and cell health of the intestinal wall*

- Supports gut tissue repair and bolsters immune defense*
- Enhances the intestine's protective mucosal lining*
- Promotes healthy nutrient absorption and minimizes the amount of undigested food or environmental toxins that pass through the intestinal barrier*
- Serves as an energy source to maintain intestinal cell vitality*

each scoop contains		
l-glutamine (free-form).....		3 g.
2-6 teaspoons per day, in divided doses, between meals.		
	quantity	order code
L-Glutamine powder	227 g.	LGP

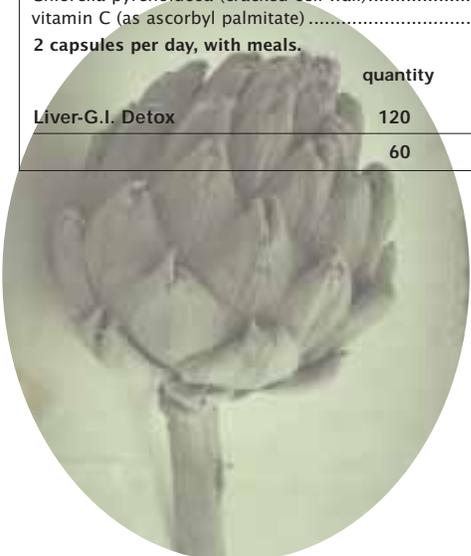
ALSO AVAILABLE
L-Glutamine 500 and 1,000 mg capsules

> Liver-G.I. Detox

**Supports hepatic and gastrointestinal detoxification with nutrients and botanical extracts that enhance toxin elimination, digestion, intestinal motility, gut integrity and cell function*

- N-acetyl-l-cysteine and alpha lipoic acid boost tissue glutathione levels and play a role in binding heavy metals*
- The combined actions of sulforaphane, curcumin and silymarin include enhancing phase II detoxification enzymes, supporting glutathione synthesis and promoting gastric, colon and liver cell functions*
- L-Glutamine helps to maintain healthy intestinal integrity, ensuring proper nutrient utilization while limiting the amount of toxins that pass through the intestinal barrier*
- Artichoke extract aids the digestive process by promoting healthy bile flow and intestinal motility, reducing toxin exposure in the gut*
- The amino acids taurine, glycine and methionine support the liver's natural detoxification pathways*
- Chlorella, the most studied "green food", is traditionally celebrated for its digestive, cleansing and blood purifying properties*

two vegetable capsules contain		
alpha lipoic acid (thioctic acid).....		100 mg.
n-acetyl-l-cysteine (free-form).....		100 mg.
Curcuma longa (turmeric) extract (root).....		100 mg. (standardized to contain 97% curcuminoids).....97 mg.
milk thistle (Silybum marianum) extract (fruit).....		125 mg. (standardized to contain 80% silymarin).....100 mg.
broccoli (Brassica oleracea italica) sprout concentrate.....		100 mg. (20:1) (whole plant) (standardized to contain a minimum of 400 mcg sulforaphane)
artichoke (Cynara scolymus L.) extract (leaf).....		125 mg. (standardized to contain a minimum of 5% cynarin6 mg. and 3% caffeoylquinic acids).....4 mg.
taurine (free-form).....		250 mg.
glycine (free-form).....		250 mg.
l-glutamine (free-form).....		250 mg.
l-methionine (free-form).....		100 mg.
Chlorella pyrenoidosa (cracked cell wall).....		200 mg.
vitamin C (as ascorbyl palmitate).....		20 mg.
2 capsules per day, with meals.		
	quantity	order code
Liver-G.I. Detox	120	LGD1
	60	LGD6





➤ Probiotic-5 (dairy-free)

*A dairy-free 5-strain blend of key probiotic bacteria to support immune and gastrointestinal health

- Combines five dairy-free beneficial microflora—*Lactobacillus acidophilus*, *Lactobacillus rhamnosus*, *Bifidobacterium longum*, *Bifidobacterium bifidum* and *Bifidobacterium lactis**
- Provides 10 billion CFU/capsule
- Maintains a healthy mucosal lining and GI barrier function*
- Enhances healthy cytokine production in the colon as well as B cell, T cell and NK cell function*
- Supports healthy yeast balance and moderates occasional diarrhea*

each vegetable capsule contains



Lactobacillus acidophilus (DDS-1 strain)	2 billion CFU
Lactobacillus rhamnosus (Lr-32 strain)	2 billion CFU
Bifidobacterium longum (Bl-05 strain)	2 billion CFU
Bifidobacterium bifidum (Bb-02 strain)	2 billion CFU
Bifidobacterium lactis (Bl-04 strain)	2 billion CFU
vitamin C (as ascorbyl palmitate)	5 mg.

(hypo-allergenic plant fiber added to complete capsule volume requirement)
Contains soy

This formula requires refrigeration to maintain culture viability.

1-2 capsules per day, in divided doses, with or between meals.

	quantity	order code
Probiotic-5 (dairy-free)	60	PRB6

➤ Probiotic 123 (dairy-free)

- For children ages 1 and up
- Dairy-free blend of *Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Bifidobacterium lactis* (formerly known as *Bifidobacterium infantis*) in a base of defatted rice bran
- Providing 4.5 billion CFU per serving
- Supports the mucosal lining of the GI tract and healthy GI barrier function*
- Maintains healthy immune system function*
- Supports healthy yeast balance*
- Promotes intestinal comfort and moderates occasional diarrhea*

two scoops (1 g) contain

Lactobacillus acidophilus (DDS-1 strain)	1.5 billion CFU
Bifidobacterium bifidum (Bb-02 strain)	1.5 billion CFU
Bifidobacterium lactis (Bl-04 strain)	1.5 billion CFU

Contains soy
other ingredients: defatted rice bran powder

Ages 1 to 3, take 1/2 scoop per day.

Ages 4 to 11, take 1-2 scoops per day, in divided doses.

Ages 12 and up, take 2-4 scoops per day, in divided doses.

Mix with applesauce or yogurt.

This formula requires refrigeration to maintain culture viability.

	quantity	order code
Probiotic 123 (dairy-free)	80 g.	PRO8



ALSO AVAILABLE

Lactobacillus Acidophilus
patented LA-1 strain

Lactobacillus Sporogenes
heat stable strain

Saccharomyces boulardii
probiotic yeast

FOS
*(fructooligosaccharides)—prebiotic support for friendly bacteria**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TO ORDER CALL: 800-753-2277 | Secure online ordering and information at www.PureCaps.com



➤ G.I. Fortify

**Supports the function, microflora balance, integrity, tone, comfort, cellular health and detoxification of the gastrointestinal tract*

- A blend of high-impact fiber, herbs and nutrients, supporting overall gastrointestinal function and occasional constipation*
- As a source of soluble fiber, psyllium enhances stool volume when taken with appropriate amounts of water, supporting larger and softer stools for healthy bowel movements; this process also minimizes toxin and waste exposure in the GI tract*
- Short chain fatty acids (SCFAs), produced by psyllium fermentation in the gut, provide an extremely important energy source for healthy colon cell function; SCFAs also keep the intestinal environment acidic, providing optimal conditions for beneficial microflora to thrive*
- Flaxseed provides a source of lignans, fatty acids, and both soluble and insoluble fibers for complementary support while promoting healthy beta-glucuronidase activity and detoxification*
- Glutamine enhances the natural repair processes in the gut while supporting integrity and cell health of the intestinal wall*
- Deglycyrrhizinated licorice (DGL), unripe plantain banana, slippery elm and marshmallow root soothe the gastrointestinal tract*
- Triphala is a standardized blend of three fruit extracts prized for supporting intestinal detoxification, occasional constipation, and overall colon health*

each scoop contains

calories27
calories from fat2.9
total fat0.32 g.
total carbohydrate5.1 g.
dietary fiber4.3 g.
sugars<0.1 g.
protein1 g.
vitamin C (as ascorbyl palmitate)30 mg.
psyllium husk powder (Plantago indica)4 g.
providing:	
insoluble fiber360 mg.
soluble fiber3 g.
flax seed powder2.25 g.
providing:	
insoluble fiber531 mg.
soluble fiber264 mg.
lignans11.4 mg.
l-glutamine (free-form)1 g.
deglycyrrhizinated licorice extract (root)600 mg.
marshmallow root (Althaea officinalis) extract (8:1)400 mg.
unripe plantain banana (Musa paradisiaca) (fruit)300 mg.
slippery elm (Ulmus fulva) extract (root)200 mg.
triphala90 mg.
(a proprietary blend of Terminalia chebula, Terminalia bellerica, and Emblica officinalis fruit extracts)	

serving size: 8.9 g. (1 scoop)

servings per container: 45

Not to be taken by pregnant or lactating women.

	quantity	order code
G.I. Fortify	400 g.	GIF4



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



490 Boston Post Road
Sudbury, MA 01776 USA

TO ORDER CALL: 800-753-2277
Secure online ordering and
information at www.PureCaps.com