

Ultra Flora Plus® and Endefen™ provide foundational support for all aspects of the GI Restoration Program.

Your healthcare provider may recommend additional nutritional support for GI restoration.

Remove Phase

- CandiBactin-AR®**—Aromatic essential oils to promote a healthy intestinal and respiratory microbial balance♦
- CandiBactin-BR®**—Berberine formula to support immune function and help to rid the body of unwanted compounds♦
- Ultra Parex®**—Standardized herbal extracts in a precise combination to promote a healthy GI ecology♦

Replace Phase

- Metagest®**—Betaine, HCl, and pepsin to aid in digestion and nutrient absorption♦
- Azeo-Pangen™ & SpectraZyme®**—Natural enzymes to promote optimal digestion and utilization of nutrients♦

Reinoculate Phase

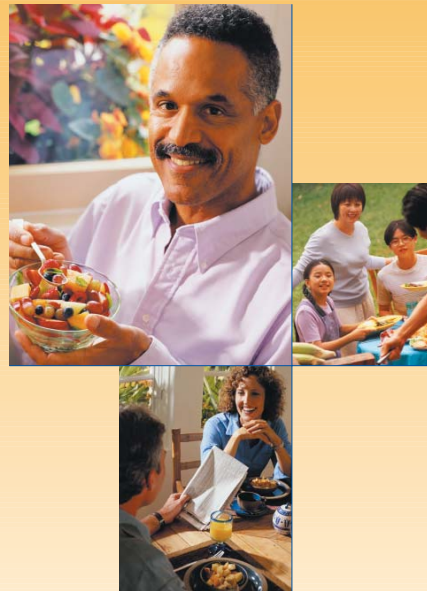
- Ultra Flora IB™**—Probiotic formula featuring high doses of *Lactobacillus acidophilus* NCFM® and *Bifidobacterium lactis* BI-07 “friendly” bacteria to address issues associated with lower bowel distress♦

Regenerate Phase

- Zinlori 75®**—Clinically researched zinc-carnosine complex to support a healthy gastric mucosal lining for effective relief of common stomach complaints, such as occasional indigestion and heartburn, upset stomach, mild nausea, and bloating♦

UltraClear SUSTAIN®—Medical food recommended for use with leaky gut syndrome, which is associated with digestive disorders, dysbiosis, irritable bowel syndrome, and exposure to environmental toxins

Stomach and Intestinal Health Affect Your Entire Body



Find Out How...



Digest this:

Many people think their GI system is healthy. Unfortunately, they are often wrong.

Take the following assessment to determine your gastrointestinal (GI) status. If you have any of the following concerns, you may benefit from the GI restoration program.

Check your concerns. Show your practitioner.

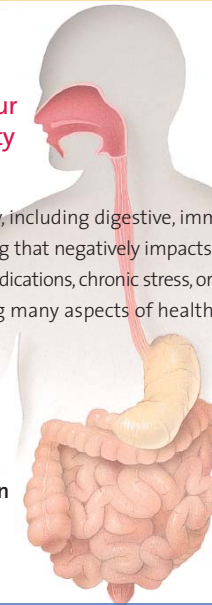
- | | |
|--|---|
| <input type="checkbox"/> Low energy levels | <input type="checkbox"/> Occasional abdominal discomfort |
| <input type="checkbox"/> Occasional negative moods | <input type="checkbox"/> Complexion/skin concerns |
| <input type="checkbox"/> “Foggy thinking” | <input type="checkbox"/> Difficulty gaining or maintaining a healthy weight |
| <input type="checkbox"/> Joint health concerns | <input type="checkbox"/> Digestive concerns or discomfort |
| <input type="checkbox"/> Food sensitivities | <input type="checkbox"/> Poorly formed stools |
| <input type="checkbox"/> A healthy immune system | <input type="checkbox"/> Occasional irregularity |

Chew on this:

The condition and function of your GI system strongly impacts vitality and overall health.

Your GI system serves multiple roles in your body, including digestive, immune, and barrier functions—all of which dramatically influence your health. Anything that negatively impacts the health of your GI tract, such as a high-fat/low-fiber diet, food intolerance, certain medications, chronic stress, or nutritional deficiencies, can lead to a disruption in GI function—potentially impacting many aspects of health, such as:

- | | |
|----------------------|------------------|
| Joint health | Bowel regularity |
| Immune function | Weight |
| Energy level | Mood |
| Respiratory function | Skin/complexion |
| Digestion | Mental acuity |





Support ALL phases of the GI Restoration Program...

The following products comprehensively support all phases of the GI Restoration Program—optimal outcomes with two easy-to-use formulas!

Ultra Flora Plus®

Ultra Flora Plus is a patented probiotic formula that features highly viable, pure strains of *Lactobacillus acidophilus* NCFM® and *Bifidobacterium lactis*—“friendly” flora that safely support a healthy intestinal environment. These strains are two of the most highly researched forms of “friendly” bacteria, showing significant health benefits.◆ In particular, Ultra Flora Plus:

- Supports healthy digestive function following the use of antibiotics◆
- Protects the intestinal lining from increased permeability by supporting cell growth◆
- Supports lactase activity, which facilitates the digestion of lactose (milk sugar)◆
- Helps to detoxify the intestine, thereby supporting liver function and protecting intestinal/colon cells◆
- Supports vitamin and short-chain fatty acid synthesis and nutrient absorption◆
- Provides no less than 15 billion live microorganisms per serving—an amount found to be clinically beneficial



A program that’s easy to swallow:◆

The Metagenics GI Restoration Program.

Removing offending substances from the diet. Food allergens and other materials that negatively influence the intestinal environment can cause localized irritation or trigger the release of damaging chemicals into general circulation, affecting other tissues and organs.

Reinoculating the bowel with pre- and probiotics. Reintroducing health-promoting, “friendly” bacteria such as *Lactobacillus acidophilus* NCFM® helps maintain a desirable balance of GI microflora. This balance is critical to intestinal tissue (mucosal) health, immune function, intestinal barrier function, and digestion.

Replacing digestive enzymes and stomach acid where necessary. Digestive factors and enzymes facilitate the breakdown of food. An insufficiency of these compounds is very common, especially as we age, which inhibits optimal digestion and utilization of nutrients, as well as the elimination of waste.

Regenerating the gastrointestinal mucosa through proper nutritional support. Regeneration of GI mucosal cells is necessary whenever there has been a loss of integrity of the GI mucosal structure or function, as may be caused by any GI insult.

Endefen™

Endefen is an excellent choice for comprehensive GI support because it is uniquely designed to maintain the overall health and function of the upper GI tract. It goes far beyond competitive formulas by providing multi-dimensional nutritional support.◆ Endefen provides:

- Phosphatidylcholine, plantain fruit, and mannose to promote the optimal thickness and strength of the stomach lining, and help protect against negative outside influences◆
- Prebiotic fibers and green tea to promote the growth of “friendly” bacteria in the intestine◆
- Antioxidants to support a healthy intestinal environment◆
- Support for overall immune function◆
- Key nutrients to promote the production of beneficial short-chain fatty acids—compounds that play an important role in digestion and nutrient absorption—in the intestines◆



Unfortunately, many programs address only one aspect of GI health. For true restoration of GI health, structure, and function, use Metagenics’ comprehensive GI Restoration Program. Keep reading to learn more!

◆ These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.