



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



PureLean®

INTRODUCED AUGUST 2009

What Is It?

PureLean® provides a unique blend of vegetarian protein, vitamins, minerals, omega-3 fatty acids and superfruit antioxidants in a great tasting naturally flavored and sweetened formula.

PureLean® Features

PureLean® Protein Blend

- 15 grams vegetarian protein from a unique blend of rice, pea, hemp and chia
- 250 milligrams omega-3 fatty acids from chia and hemp per serving
- Promotes satiety and healthy body composition with protein.* A moderate protein diet (40% carbohydrates, 30% protein, 30% fat) was associated with improved lean body composition, fewer reported cravings and increased diet compliance in a recent *Journal of Nutrition* study.
- Supports healthy triglyceride metabolism with protein and omega-3 fatty acids*

Multivitamin/mineral Complex

- Wide range of vitamins and minerals for comprehensive support
- Maintains healthy metabolism with B vitamins, zinc and chromium*
- Enhances healthy weight management, body composition and bone health with calcium, vitamin D and magnesium*

Antioxidant Synergists

- Vitamin A, vitamin C, vitamin E, selenium and zinc
- Superfruit antioxidant blend of coffee berry, acerola, camu camu, quercetin, acai and mangosteen

What Is The Source?

Pea protein isolate, rice protein concentrate, hemp protein concentrate and white chia seed meal are derived from *Pisum sativum*, *Oryza sativa*, *Cannabis sativa* and *Salvia hispanica* respectively and naturally contain protein, calcium, phosphorus, magnesium, potassium and iron. Pectin is derived from apple. Vitamin A, thiamine (B₁), riboflavin (B₂), niacinamide, pyridoxine HCl (B₆), folic acid, biotin, pantothenic acid (B₅) and vitamin K₁ are synthetically derived. Vitamin C and methylcobalamin (B₁₂) are derived from corn dextrose fermentation. d-Alpha tocopherol acetate (vitamin E) is derived from soybean oil. Vitamin D₃ is derived from lanolin. Calcium, magnesium, zinc, iodine, selenium and chromium are derived from elemental ore. Superfruit antioxidant blend is derived from coffee berry, acerola, camu camu, quercetin, acai and mangosteen. Stevia is derived from *Stevia rebaudiana* leaf (PureLean® (with stevia) only)

Recommendations

Pure Encapsulations recommends 1–2 servings per day. Add 1 serving to 8 oz of water, milk or juice. Blend with fresh or frozen fruit pieces if desired, Shake, stir, or blend until smooth.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions. Consult your physician for more information.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

